ALLERGENS - LIFE CHANGING BAKES

Whilst we do all we can to avoid cross-contamination of products our cakes are made in an environment where soy, gluten, eggs, dairy, sesame, mustard and nuts are present and therefore may contain traces

	CELERY	GLUTEN	CRUSTACEANS	EGG	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	TREE NUTS	PEANUTS	SESAME	SOYBEAN	SULPHUR DIOXIDE
COOKIES														
White Chocolate		X		X			X						X	
Milk Chocolate		X		X			X						X	
Double Chocolate		X		X			X						X	
Smartie		* + barley		X			X						X	
Vegan		X											X	
BROWNIES														
Triple Chocolate				X			X						X	
Millionaire's		X		X			X						X	
Chocolate Orange				X			X						X	
Pecan + Salted caramel				X			X			X			X	
Mint Aero				X			X						X	
Vegan													X	
FLAPJACK														
Fruit		X					X							X
Coconut		X					X			may contain		may contain		
Vegan: Apricot + Coconut		X								may contain		may contain		X
Vegan: Fruit + Nut		X								X	X			X
BLONDIES														
Banana + Peanut Blondie		X								X	X		X	
Pecan + Double chocolate		X		X			X			X			X	
Jammy dodger blondie		X		X			X						X	X

	CELERY	GLUTEN	CRUSTACEANS	EGG	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	TREE NUTS	PEANUTS	SESAME	SOYBEAN	SULPHUR DIOXIDE
TRAYBAKES														
Raspberry Bakewell				X			X			X				
Lemon Drizzle		X		X			X							
Chocolate sponge		X		X			X						X	
Vanilla Sponge		X		X			X							
Coffee + Walnut		X		X			X			X				
Nutella Cookie Slice		X		X			X			X			X	
LOAF CAKES														
Banana		X		X			X							
Ginger + Lime		X		X			X			may contain				X
Carrot + Walnut		X		X			X			X				
Strawberry mini loaf				X			X							
Lemon mini loaf				X			X							X
TIFFIN														
Pistachio + Cranberry		X					X			X			X	
Honeycomb + Ginger		X					X						X	
Malteser		X					X						X	
KitKat		X					X						X	
Rainbow Crispy Square		X					X						may contain	
Mars Crispy slice		* + barley		X			X			may contain	may contain		X	
Biscoff Rocky Road		X					X						X	
BREAKFAST														
Sausage Roll		X		X			X							X
Veggie Sausage roll		X		X			X						X	
Cinnamon Bun		X		X			X							
Granola		X								X				X

	CELERY	GLUTEN	CRUSTACEANS	EGG	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	TREE NUTS	PEANUTS	SESAME	SOYBEAN	SULPHUR DIOXIDE
CHRISTMAS														
Yule Log		X		X			X						X	
Christmas cake slice		X		X			X			X				X
Vegan Mince Pie		X												X
Almond Mince Pie		X		X			X			X				X
EASTER														
Easter		X					X						X	
Easter nests		*barley					X						X	
Mini egg blondie		X		X			X						X	