

LIFE CHANGING BAKES

INGREDIENTS



BROWNIE	
MILLIONAIRE'S BROWNIE MB	Butter (MILK), Plain flour [Fortified British WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin)], Condensed MILK [Whole MILK, Sugar], Soft brown sugar, Caster sugar, Dark Chocolate [Belgian Dark chocolate couverture (min cocoa 70%), sugar, fat reduced cocoa powder, cocoa mass, emulsifier; SOYA lecithin, natural vanilla], EGG, Golden Syrup [partially inverted refiners syrup], Cocoa powder [100% cocoa], Sea salt [Salt, Anti-caking Agent: Sodium Ferrocyanide] Allergens: EGG, MILK, SOYA, WHEAT
ORANGE BROWNIE OB (gluten free)	Soft brown sugar, 'TERRY'S' chocolate orange (26.9%) [sugar, cocoa mass, cocoa butter, dried skimmed MILK, dried whey from MILK, vegetable fats (palm, shea), MILK fat, emulsifiers (SOYA, lecithins, E476), orange oil, flavouring], Butter (MILK), Dark Chocolate [Belgian Dark chocolate couverture (min cocoa 70%), sugar, fat reduced cocoa powder, cocoa mass, emulsifier; SOYA lecithin, natural vanilla], Gluten free plain flour [rice flour, potato starch, maize flour], EGG, Orange zest Allergens: EGG, MILK, SOYA
PECAN + SALTED CARAMEL BROWNIE PB (gluten free)	Soft brown sugar, Butter (MILK), MILK chocolate [Belgian MILK chocolate Couverture (Min cocoa 33.6%), Sugar, Cocoa butter, Whole MILK powder, Cocoa mass, Emulsifier; SOYA lecithin, Natural vanilla], Dark chocolate [Belgian Dark chocolate couverture (min cocoa 70%), sugar, fat reduced cocoa powder, cocoa mass, emulsifier; SOYA lecithin, natural vanilla], Double cream [MILK], Pecans 9% [NUTS], Gluten free plain flour [rice flour, potato starch, maize flour], EGG, Cocoa, Salt [Anti-caking Agent: Sodium Ferrocyanide] Allergens: EGG, MILK, NUTS, SOYA
TRIPLE CHOCOLATE BROWNIE TB (gluten free)	Soft brown sugar, Butter (MILK), White chocolate (15.7%) [Sugar, cocoa butter, whole MILK powder, emulsifier; SOYA lecithin, natural vanilla flavour], Dark chocolate (10.6%) [Belgian Dark chocolate couverture (min cocoa 70%), sugar, fat reduced cocoa powder, cocoa mass, emulsifier; SOYA lecithin, natural vanilla], MILK chocolate (10.6%) [Belgian MILK chocolate Couverture (Min cocoa 33.6%), Sugar, Cocoa butter, Whole MILK powder, Cocoa mass, Emulsifier; SOYA lecithin, Natural vanilla], Gluten free plain flour [rice flour, potato starch, maize flour], EGG, cocoa Allergens: EGG, MILK, SOYA
TRIPLE CHOCOLATE BROWNIE VTB (vegan, gluten free)	Gluten free plain flour [rice flour, potato starch, maize flour], Vegetable oil spread [Vegetable Oils in varying proportions (Rapeseed, Sustainable Palm, Sunflower), Water, Salt, Emulsifiers - E471, Lecithins, Preservative - Potassium Sorbate, Acid - Lactic Acid, B Vitamins (Niacin, B6, B2, Folic Acid & B12), Flavourings, Colours - Annatto Bixin, Curcumin], Golden caster sugar, Soft brown sugar, Cocoa, Water, Vegan white chocolate (5.1%) [Sugar, Cocoa Butter, Rice Powder (Rice Syrup, Rice Starch, Rice Flour), Coconut Oil, Emulsifier: Sunflower Lecithin; Flavouring], Vegan milk chocolate (5.1%) [Sugar, Cocoa Butter, Rice Powder (Dried Rice Syrup, Rice Starch, Rice Flour), Cocoa Mass, Inulin, Shea Oil, Emulsifier (Sunflower Lecithin), Sea Salt, Flavourings], Dark chocolate (4.1%) [Belgian Dark chocolate couverture (min cocoa 70%), sugar, fat reduced cocoa powder, cocoa mass, emulsifier; SOYA lecithin, natural vanilla], Sunflower oil, Baking powder [Disodium Diphosphate, Sodium Hydrogen Carbonate, Rice Flour], Flaxseed, Salt Allergens: SOYA
TIFFIN	
HONEYCOMB + GINGER TIFFIN HT	MILK chocolate [Belgian MILK chocolate Couverture (Min cocoa 33.6%), Sugar, Cocoa butter, Whole MILK powder, Cocoa mass, Emulsifier; SOYA lecithin, Natural vanilla], 'Crunchie' honeycomb bars (15.6%) [Sugar, glucose syrup, cocoa butter, cocoa mass, skimmed MILK powder, whey permeate powder from (MILK), palm oil, MILK fat, emulsifier (E442), flavourings, coconut oil, MILK chocolate], Ginger biscuit (15.6%) [Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Glucose-Fructose Syrup, Palm Oil, Semolina (WHEAT), Ginger Powder, Raising Agents: Sodium Hydrogen Carbonate, Disodium Diphosphate; Salt, Lemon Oil], Golden syrup [partially inverted refiners syrup], Dark chocolate [Belgian Dark chocolate couverture (min cocoa 70%), sugar, fat reduced cocoa powder, cocoa mass, emulsifier; SOYA lecithin, natural vanilla], Butter (MILK), Raisins, Honeycomb pieces (3%) [Sugar, Glucose Syrup, Palm Fat (Shea Oil, Palm Fat, Emulsifier: Sunflower Lecithin), Water, Raising Agent: Sodium Hydrogen Carbonate] Allergens: MILK, SOYA, WHEAT
MALTESER TIFFIN MT	MILK chocolate [Belgian MILK chocolate Couverture (Min cocoa 33.6%), Sugar, Cocoa butter, Whole MILK powder, Cocoa mass, Emulsifier; SOYA lecithin, Natural vanilla], 'Maltesers' (16%) [sugar, skimmed MILK powder, cocoa butter, glucose syrup, BARLEY malt extract, cocoa mass, palm fat, lactose and protein from whey (MILK), whey powder from MILK, MILK fat, emulsifier (SOYA Lecithin, E492), WHEAT flour, palm kernel fat, palm kernel oil, raising agents (E341, E500, E501), WHEAT gluten, salt, glazing agents (pectins), natural vanilla extract], Golden syrup [partially inverted refiners syrup], Digestive biscuits [Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Palm Oil, Wholemeal WHEAT Flour, Sugar, Raising Agents: Sodium Hydrogen Carbonate, Ammonium Hydrogen Carbonate: Salt], Dark chocolate [Belgian Dark chocolate couverture (min cocoa 70%), sugar, fat reduced cocoa powder, cocoa mass, emulsifier; SOYA lecithin, natural vanilla], Butter (MILK), Raisins Allergens: BARLEY, MILK, SOYA, WHEAT
PISTACHIO + CRANBERRY TIFFIN PT	White chocolate [Sugar, cocoa butter, whole MILK powder, emulsifier: SOYA lecithin, natural vanilla flavour], Golden syrup [partially inverted refiners syrup], Digestive biscuits [Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Palm Oil, Wholemeal WHEAT Flour, Sugar, Raising Agents: Sodium Hydrogen Carbonate, Ammonium Hydrogen Carbonate: Salt], Butter (MILK), Pistachio NUTS (9%), Dried cranberry (9%) [Sugar, Cranberries (41%), Sunflower Oil] Allergens: MILK, NUTS, SOYA, WHEAT
TRAYBAKE	
BANANA + PEANUT BUTTER BLONDIE BB	Self raising flour [Fortified British Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Raising Agents: Calcium Phosphate, Sodium Hydrogen Carbonate], Banana (16%), Vegan margarine [Vegetable Oils (Sunflower (32%), Palm, Linseed), Water, Salt, Natural Flavouring, Vitamin E, Vitamin A & D, Natural Colour (Carotenes), Vitamin B12], Peanut butter (12%) [Roasted PEANUTS (87%), Rapeseed Oil, Sugar, Palm Oil, Salt], Golden caster sugar, Almond milk [Water, almond NUTS (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum,

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(vegan)	Guar gum), Sea salt], Soft brown sugar, Dark chocolate [Belgian Dark chocolate couverture (min cocoa 70%), sugar, fat reduced cocoa powder, cocoa mass, emulsifier; SOYA lecithin, natural vanilla], White wine vinegar, water Allergens: NUTS, PEANUTS, SOYA, WHEAT
BISCOFF ROCKY ROAD BRR	White chocolate [Sugar, cocoa butter, whole MILK powder, emulsifier: SOYA lecithin, natural vanilla flavour], 'Biscoff' biscuits (26.9%) [WHEAT Flour, Sugar, Vegetable Oils (Palm Oil from sustainable and certified plantations, Rapeseed Oil), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), SOYA Flour, Salt, Cinnamon), 'Biscoff' spread (22.4%) [Original Caramelised Biscuits 58% (WHEAT Flour, Sugar, Vegetable Oils (Palm Oil from Sustainable and Certified Plantations, Rapeseed Oil), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), SOYA Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (SOYA Lecithin), Acid (Citric Acid)], Marshmallows [Glucose-fructose syrup, sugar, water, gelatine, dextrose, starch of maize, natural vanilla flavouring, colour: E162], Butter [MILK], Vanilla extract [Vanilla Beans, Alcohol, Water], Salt [Salt, Anti-caking Agent: Sodium Ferrocyanide] Allergens: MILK, WHEAT, SOYA
PECAN + DOUBLE CHOCOLATE BLONDIE PCB	Soft brown sugar, Plain flour [Fortified British Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin)], Butter [MILK], White chocolate (10.2%) [Sugar, cocoa butter, whole MILK powder, emulsifier: SOYA lecithin, natural vanilla flavour], EGG , MILK chocolate (7.6%) [Belgian MILK chocolate Couverture (Min cocoa 33.6%), Sugar, Cocoa butter, Whole MILK powder, Cocoa mass, Emulsifier; SOYA lecithin, Natural vanilla], Pecan NUTS (5.8%), Vanilla essence [Vanilla Beans, Alcohol, Water], Baking powder [Disodium Diphosphate, Sodium Hydrogen Carbonate, Rice Flour] Allergens: WHEAT, EGG, MILK, NUTS, SOYA
LEMON DRIZZLE LD	Golden caster sugar, Self raising flour [Fortified British WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Raising Agents: Calcium Phosphate, Sodium Hydrogen Carbonate], Water, Double cream [MILK], Butter [MILK], Granulated sugar [white cane sugar], Icing sugar [White Beet Sugar (98.5%), Anti Caking Agent: Tricalcium Phosphate], EGG , Lemon (2.6%) (juice + zest) Allergens: WHEAT, EGG, MILK
RASPBERRY BAKEWELL CAKE RBC	Butter [MILK], Golden caster sugar, Ground almond [NUTS], EGG , Raspberry Jam [Raspberries, Glucose-fructose syrup, sugar, Citric acid, Gelling agent: pectin, Acidity regulator: sodium citrates], Gluten free plain flour [rice flour, potato starch, maize flour], Flaked Almonds [NUTS], Baking Powder [Disodium Diphosphate, Sodium Hydrogen Carbonate, Rice Flour] Allergens: EGG, MILK, NUTS
FRUIT + NUT BAR FNB	Maple syrup, Wholegrain * OATS , PEANUT butter (16%) [roasted PEANUTS , rapeseed oil, sugar, palm oil, salt], Salted PEANUTS (16%) [rapeseed oil, salt], Dried apricots (13.5%) [partially rehydrated apricots, preservatives: potassium sorbate, SULPHUR DIOXIDE], Pecan NUTS (10.7%), Dried cranberries (4%) [sugar, cranberries, sunflower oil], Milled flaxseed, Sunflower seeds, Pumpkin seeds Allergens: PEANUTS, NUTS, SULPHUR DIOXIDE *not suitable for WHEAT or BARLEY allergy sufferers
FLAPJACK	
COCONUT FLAPJACK CF	Wholegrain * OATS , Golden Caster Sugar [Cane sugar], Butter [MILK], Golden Syrup [partially inverted refined syrup], Desiccated Coconut [Desiccated Coconut, Preservative: SULPHITES] Allergens: MILK, SULPHUR DIOXIDE *not suitable for WHEAT or BARLEY allergy sufferers
FRUIT FLAPJACK FF	Wholegrain * OATS , Butter (MILK), Mixed dried fruit (12.2%) [Sultanas (60%), Raisins (24%), Candied Mixed Peel (15%) (Glucose Syrup, Orange Peel, Lemon Peel, Sugar, Acidity Regulator: Citric Acid; Preservative: SULPHUR DIOXIDE), Sunflower Oil], Golden syrup [partially inverted refiners syrup], soft brown sugar Allergens: MILK, SULPHUR DIOXIDE *not suitable for WHEAT or BARLEY allergy sufferers
COCONUT + APRICOT FLAPJACK VF (vegan)	Wholegrain * OATS , 'Vitalite' [Vegetable Oils in varying proportions (Rapeseed, Sustainable Palm, Sunflower), Water, Salt, Emulsifiers - E471, Lecithins, Preservative - Potassium Sorbate, Acid - Lactic Acid, B Vitamins (Niacin, B6, B2, Folic Acid & B12), Flavourings, Colours - Annatto Bixin, Curcumin], Golden caster sugar [cane sugar], Golden syrup [partially inverted refiners syrup], Dried apricots [Partially Rehydrated Dried Apricots (99%), Preservatives: Potassium Sorbate, SULPHUR DIOXIDE], Desiccated coconut [Desiccated Coconut, Preservative: SULPHITES] Allergens: MILK, SULPHUR DIOXIDE *not suitable for WHEAT or BARLEY allergy sufferers
COOKIES	
BISCOFF STUFFED COOKIE BC	Plain flour [WHEAT Flour, Calcium, Niacin, Iron, Thiamin], Butter [MILK], Golden caster sugar, Soft brown sugar, 'Biscoff' spread (8.9%) [Original Caramelised Biscuits 58% (WHEAT Flour, Sugar, Vegetable Oils (Palm Oil from Sustainable and Certified Plantations, Rapeseed Oil), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Soya Lecithin), Acid (Citric Acid)], White chocolate [Sugar, cocoa butter, whole MILK powder, emulsifier: SOYA lecithin, natural vanilla flavour], MILK chocolate [Belgian MILK chocolate Couverture (Min cocoa 33.6%), Sugar, Cocoa butter, Whole MILK powder, Cocoa mass, Emulsifier; SOYA lecithin, Natural vanilla], 'Biscoff' biscuits (7.1%) [WHEAT Flour, Sugar, Vegetable Oils (Palm Oil from sustainable and certified plantations, Rapeseed Oil), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), SOYA Flour, Salt, Cinnamon], EGG , Baking powder [Disodium Diphosphate, Sodium Hydrogen Carbonate, Rice Flour] Allergens: WHEAT, EGG, MILK, SOYA
DARK CHOCOLATE COOKIE	Plain flour [WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Vegetable oil, Golden caster sugar, Soft brown sugar, Dark chocolate (12%) [Belgian Dark chocolate couverture (min cocoa 70%), sugar, fat reduced cocoa powder, cocoa mass, emulsifier; SOYA lecithin, natural vanilla], Water, Baking powder [Disodium Diphosphate, Sodium Hydrogen Carbonate, Rice Flour], Bicarbonate of soda [Raising Agent: Sodium Hydrogen Carbonate], Salt [Anti-caking Agent: Sodium Ferrocyanide]

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	VC (vegan)	Allergens: SOYA, WHEAT
DOUBLE CHOCOLATE COOKIE	CC	Soft brown sugar, Golden caster sugar, Self raising flour [WHEAT Flour 96%, Flour Raising Agents (Sodium Acid Pyrophosphate and Sodium Bicarbonate), Calcium, Niacin, Iron, Thiamin], White chocolate (13%) [Sugar, cocoa butter, whole MILK powder, emulsifier: SOYA lecithin, natural vanilla flavour], Dark chocolate (13%) [Belgian Dark chocolate couverture (min cocoa 70%), sugar, fat reduced cocoa powder, cocoa mass, emulsifier; SOYA lecithin, natural vanilla], Plain flour [WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Butter (MILK), Vegetable oil, Cocoa, EGG , Vanilla extract [Vanilla Beans, Alcohol, Water] Allergens: EGG, MILK, SOYA WHEAT
RASPBERRY + CARAMELISED WHITE CHOCOLATE COOKIE	RCC	Self raising flour [Fortified British Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Raising Agents: Calcium Phosphate, Sodium Hydrogen Carbonate], Soft brown sugar, Golden caster sugar, Plain flour [Fortified British Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin)], White chocolate (12.7%) [Sugar, cocoa butter, whole MILK powder, emulsifier: SOYA lecithin, natural vanilla flavour], Butter [MILK], EGG , Vegetable oil [Rapeseed Oil], Freeze dried raspberries (1.5%), Vanilla extract [Vanilla Beans, Alcohol, Water] Allergens: WHEAT, EGGS, MILK, SOYA
SMARTIE COOKIE	SC	'Smarties' [Sugar, Skimmed MILK Powder, Cocoa Mass, Cocoa Butter, WHEAT Flour, Butterfat (from MILK), Lactose and Proteins from Whey (from MILK), Rice Starch, Emulsifier (Lecithins), Colours (Beetroot Red, Carotene, Curcumin), Natural Flavouring, Spirulina Concentrate, Glazing Agents (Carnauba Wax, Beeswax White), Fruit and Vegetable Concentrates (Safflower, Radish), BARLEY Malt Extract], Self-raising flour [WHEAT Flour 96%, Flour Raising Agents (Sodium Acid Pyrophosphate and Sodium Bicarbonate), Calcium, Niacin, Iron, Thiamin], Butter (MILK), Soft brown sugar, Golden caster sugar, Plain flour [WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Vegetable oil, EGG , Vanilla extract [Vanilla Beans, Alcohol, Water] Allergens: EGG, MILK, WHEAT, BARLEY
WHITE CHOCOLATE COOKIE	WC	White chocolate (24%) [Sugar, cocoa butter, whole MILK powder, emulsifier: SOYA lecithin, natural vanilla flavour], Self raising flour [WHEAT Flour 96%, Flour Raising Agents (Sodium Acid Pyrophosphate and Sodium Bicarbonate), Calcium, Niacin, Iron, Thiamin], Butter (MILK), Soft brown sugar, Golden caster sugar, Plain flour [WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Vegetable oil, EGG , Vanilla extract [Vanilla Beans, Alcohol, Water] Allergens: EGG, MILK, SOYA, WHEAT
INDIVIDUAL BAKES		
ALMOND KISS (gluten free)		Ground almonds (53.7%) NUTS , Golden caster sugar, Icing sugar [White Beet Sugar (98.5%), Anti Caking Agent: Tricalcium Phosphate], EGG , Salt [Anti-caking Agent: Sodium Ferrocyanide] Allergens: EGG, NUTS

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