



**WHOLESALE**

[www.yellowsubmarineshop.org](http://www.yellowsubmarineshop.org)  
Registered Charity No. 1136735



# ABOUT US

**Only 5% of adults with a learning disability are in paid employment\* and 78% of adults with autism are unemployed\*\***

We are changing this. Our 'Life Changing Bakes' project provides Yellow Submarine trainees with a non-customer facing learning environment, and a safe space to gain vital work experience and learn transferable skills for moving into employment. Baking celebrates the precision, accuracy and methodical working methods of our trainees'.

Our trainees assist in all steps of the baking process, from testing recipes to packing orders. We only use 'real' ingredients, and all of our bakes are handmade with the highest attention to detail and quality.

**#LifeChangingBakes**

\*Measures from the Adult Social Care Outcomes Framework, England - 2020-21' (2021), NHS Digital

\*\*National Autistic Society



# CHARITY



**100% profit generated by Life Changing Bakes is used by Yellow Submarine Charity to provide support to over 400 members.**



## **YOUNG PEOPLE, 11+**

YOUTH CLUBS evenings during term time

ACTIVITY DAYS + OUTINGS during school holidays

RESIDENTIAL TRIPS overnight stays, respite for families + carers



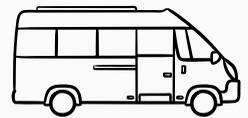
## **ADULTS, 18+**

REACH daytime project: wellbeing, enterprise, work skills

SOCIAL CLUBS evening groups and day trips

HOLIDAYS in the UK and abroad

TRAINEESHIP 18 month training in a cafe and bakery





# BROWNIE

## **Triple Chocolate** gluten free

rich, dense, dark and milk chocolate brownie with white chocolate chips

## **Chocolate Orange** gluten free

rich chocolate brownie, packed with Terry's chocolate orange and fresh orange zest

## **Millionaire's**

buttery shortbread base, salted caramel, topped with dark chocolate brownie

## **Pecan + Salted Caramel** gluten free contains NUTS

rich, dense, dark and milk brownie with pecans and a nutty salted caramel topping

## **Double Chocolate** gluten free VEGAN

plant-based dark and milk chocolate brownie with white chocolate chunks



# FLAPJACK

**Fruit Flapjack** thick buttery flapjack, packed with a mixture of dried fruit

**Coconut Flapjack** thick buttery flapjack, packed with dried coconut

**Apricot + Coconut** plant-based flapjack, packed with dried apricot and coconut  
VEGAN

**Fruit + Nut bar** peanuts, pecans, dried apricots + cranberries, pumpkin + sunflower seeds and oats  
contains NUTS  
VEGAN  
no refined sugar



# CAKES

## Lemon Drizzle

soft, light lemon sponge cake, drenched in lemon juice and topped with zesty icing

## Raspberry Bakewell

contains NUTS  
gluten free

gluten free almond sponge, with raspberry jam and flaked almonds

## Classic chocolate

soft, chocolate sponge cake, topped with a traditional chocolate buttercream, sprinkled with more chocolate

## 'School Cake'

traditional vanilla sponge cake, with a thin layer of white icing, and bright, colourful sprinkles

## Coffee + Walnut

soft coffee sponge, topped with coffee flavour buttercream, swirled with espresso icing and chopped walnuts

## Banana Loaf

traditional banana loaf, with a hint of cinnamon, lightly iced, perfect any time of the day!

## Ginger + Lime Loaf

dark, spiced stem ginger cake, with zesty lime icing and crystallised ginger

## Carrot + Walnut Loaf

gently spiced carrot cake, with chunks of walnut, topped with cream cheese icing



# TIFFIN + TRAYBAKES

**Honeycomb + Ginger** rich dark chocolate, crunchy ginger biscuit, juicy raisins, and Crunchie bars

**Malteser** rich milk and dark chocolate, crunchy biscuit, juicy raisins and Maltesers

**Pistachio + Cranberry** white chocolate, crunchy biscuit, dried cranberries and pistachios  
contains NUTS

**Biscoff Rocky Road** Biscoff spread, Biscoff biscuit, white chocolate and marshmallows

**Pecan + Chocolate Blondie** white chocolate blondie, with milk chocolate chips and pecans  
contains NUTS

**Banana + Peanut Blondie** plant-based peanut butter and banana blondie with dark chocolate chips  
contains NUTS  
VEGAN



# BEN'S STORY

When Ben enrolled at Yellow Submarine in 2021 he was unable to make eye contact or interact with staff or customers without support, he spoke so quietly it was difficult to hear him. During the traineeship his confidence grew, he learned to organise himself and travel independently. This enabled him to move into paid employment in a hospitality role once he graduated, something he didn't think would be possible two years before.

Mum Keri-Anne was amazed by the transformation in Ben, "Before becoming a trainee at Yellow Submarine, he was a shy, timid young man and now he is a confident adult."



# RETAIL: SAVOURY BISCUITS

Available in clear pack or yellow retail box, approximately 30 bitesize biscuits per pack, 66g



**DOUBLE CHEESE** all butter biscuits with cheddar and parmesan cheese

**BLACK OLIVE** crisp flatbreads made with cheddar, parmesan and black olives

**PARMESAN + THYME** all butter biscuit with fresh thyme, cheddar, and parmesan cheese

**"beautifully buttery with deep notes of cheese"**

Judges comments (Double Cheese Biscuits),  
Great Taste Awards 2025



# RETAIL: ALMOND KISSES

Our unique, award winning bake, made with 100% natural ingredients, no artificial flavourings  
available in pack of 5, or box of 4



**CLASSIC**  
gluten free

simply almond

**RASPBERRY**  
gluten free

gently flavoured with freeze-dried raspberry

**LEMON**  
gluten free

gently flavoured with fresh lemon zest

**“an enjoyable, indulgent biscuit – we would happily eat these all day!”**

Judges comments (Almond Kisses Classic),  
Great Taste Awards 2025



# RETAIL: SHORTBREAD

all available in clear pack or yellow retail box, approximately 20 bitesize biscuits per pack, 95g

## CLASSIC

classic, all butter shortbread

## RAINBOW

classic, all butter shortbread speckled with rainbow sprinkles

## STEM GINGER

class, all butter shortbread gently spiced with ginger and with chunks of stem ginger



# RETAIL

shelf life of our retail items varies, starting from 8 weeks.  
All items are ambient.

**BROWNIES** pack of 6 bite size pieces of our Triple Chocolate Brownie,  
available in clear pack or yellow retail box



**GRANOLA** wholesome granola, made with apple, cinnamon, almond,  
raisins, pumpkin + sunflower seeds. 500g pack

If there is a product that you would like to be able to sell in retail packaging that you can't see available, please let us know. We are happy to work with you on making all of our items suitable for your retail shelves!

Please get in touch: [shop@yellowsubmarine.org.uk](mailto:shop@yellowsubmarine.org.uk)



# BESPOKE PACKAGING

We can work with you on your own bespoke packaging for our products. Add your company logo to our existing designs, or we can work with your branding style to collaborate.

Please get in touch about this service: [shop@yellowsubmarine.org.uk](mailto:shop@yellowsubmarine.org.uk)



# CORPORATE GIFTING

Hampers, gift boxes, and letterbox gifts for any occasion.

Bespoke packaging options available, with your company branding or logo. Handwritten gift cards, delivery to one location or to multiple addresses all available.

Choosing Life Changing Bakes will not only ensure quality products delivered, it's a great way to show customers and clients how much you care.



# BECCA'S STORY

On finishing school, Becca did not feel ready to move into employment but was unsure of where to turn to for support. On starting the Traineeship, Becca struggled with confidence, however with support and encouragement she began to develop the skills she needed for the workplace. Becca pushed herself further by learning to travel independently and perfected the art of making coffee, which enabled her to secure employment in a busy coffee shop when she graduated.

Becca's parents shared, "We can see Becca has grown in confidence with everything she does, from speaking with others, asking for things and engaging with her peers"



# PORTION SIZES

Unless otherwise stated, all traybakes are a standard size: 22cm x 37cm.  
All trays have 24 even portions marked.

Traybakes all store well frozen. They can be defrosted as a whole tray, or a small amount of portions at a time.

All loaf cakes have 8 even portions marked. Loaf cakes are only suitable for defrosting whole.

# HOW TO ORDER?

Please contact our bakery team via email: [bakes@yellowsubmarine.org.uk](mailto:bakes@yellowsubmarine.org.uk)

# ALLERGENS + INGREDIENTS

Whilst we do all we can to avoid cross-contamination of products our cakes are made in an environment where soy, gluten, eggs, dairy, sesame, mustard and nuts are present and therefore may contain traces.

All items will be clearly labelled with ingredient details, and allergen information is always available on our website.

# CONTACT US

Yellow Submarine Oxford, 12 Park End Street, OX1 1HH  
Yellow Submarine Witney, Windrush Leisure Centre, OX28 4YA  
Yellow Submarine Bakery, Unit 33 Stanley Court, OX29 0TB

**Email** [shop@yellowsubmarine.org.uk](mailto:shop@yellowsubmarine.org.uk)

**Phone** 01865 236119



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